



GOVERNMENT (AUTONOMOUS) GIRLS POST GRADUATE COLLEGE OF EXCELLENCE, SAGAR (M.P.)

(NAAC 'A' Grade Accredited)

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Ref.

Date :

BHSC I YEAR (Home Science)

Group-A

Nutritional Biochemistry and Physiology (Paper 1)

In this subject the students will study about biochemical functions, metabolism and deficiency symptoms of different nutrients as well as the mechanism of enzymes and hormones in human body. This study develops the inclination towards advance study related to Food and Nutrition. The student will be able to :

1. Understand the biochemical process by which nutrients function, metabolize and excreted by the body.
2. Understand the basic phenomenon of nutrient absorption assimilation in healthy body.
3. Correlate deficiency and excess of nutrients with the symptoms of diseases.
4. Understand physiological processes and its relation to nutrition.

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Ref.

Date :

Fundamentals Of Clothing Construction (Paper 2)

On the successful completion of this course the students will be able to-

1. To understand basic sewing concepts and sewing equipments.
2. To develop skill in basic sewing techniques.
3. Identify the common fabrics used for clothing construction.
4. Utilize design components in garment construction.
5. Gain an insight of various sewing machines and other sewing equipments available in the market, their functioning & common problems faced while usage.
6. Understands various garment construction process.


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Date :

Group-B

Life Span Development-II (Paper 1)

Adolescence is a period of transformation from Childhood to Adulthood, basically in terms of physical, cognitive, and social relational change. By studying this course the students will be able to -

1. Explain the role that aggression, anxiety and depression play in adolescent development.
2. Identify and explain the biological, psychological and Socio-cultural aspects of adolescent and emerging adult hood development.
3. Understand the challenges of late adulthood and taking care of the Elderly.


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Date :

Interior Decoration (Paper 2)

Interior decoration is the art of decorating a home or commercial place. Knowledge of elements and principles of design would help a student in the field of interior decoration. By studying this course the students will be able to -

1. Understand elements and principles of design and refine personal aesthetic sense.
2. Understand role of furniture, soft furnishing, accessories, flower decoration and lighting in interiors.


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Date :

Group-C

Promotive Life style and Applied Science (Paper 1)

This course will be enable students to-

1. Understand the importance of knowledge of science with respect to health and hygiene, household equipments and life style diseases.
2. Develop awareness towards healthy life and importance of hygiene.
3. Develop an understanding towards community and public health.


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Ref.

Date :

Community Development (Paper 2)

Community Development empowers community and creates stronger.

Community Development

Programme is to improve the standard of living of the village people. By the study of this course the students will be able to -

4. Develop skills in leadership.
5. Understand Community development programme.
6. Develop awareness towards community development.
7. Apply academic learning to real situations.
8. Develop sense of responsibility towards community development.
9. Participate actively in community development.

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